

2013 5K Results – MEN

1. Ryan James	21:28
2. Joseph Palos	21:30
3. Nick Hill	21:44
4. Travis Clemens	22:04
5. Lowell Cook	27:34
6. Charles Nouchi	28:33
7. Shaun Conner	29:00
8. Benjamin Clements	29:05
9. Cesar Tepuri	33:34
10. Justin Harrison	34:15
11. Jace Arellano	39:41

2013 5K Results – WOMEN

1. Kimberly Palos	24:18
2. Cassie Woolston	25:00
3. Kasey Cook	25:18
4. Heidi James	26:12
5. Elaina Erickson	29:00
6. Courtney Laing	29:02
7. Mayomi Ryujin	33:33
8. Lori Gaukel	37:45
9. Marcie Christensen	37:59